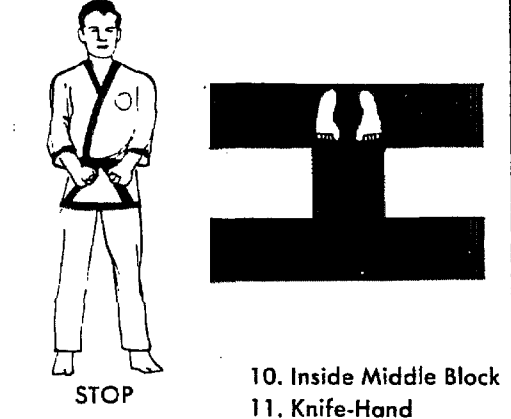
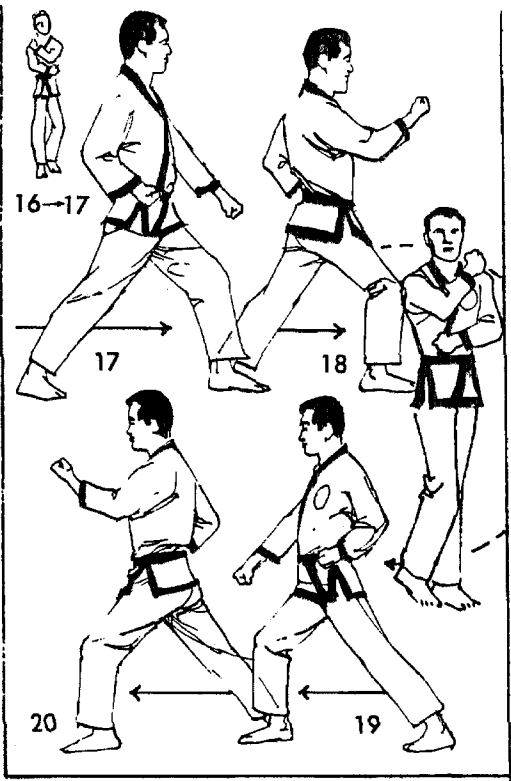
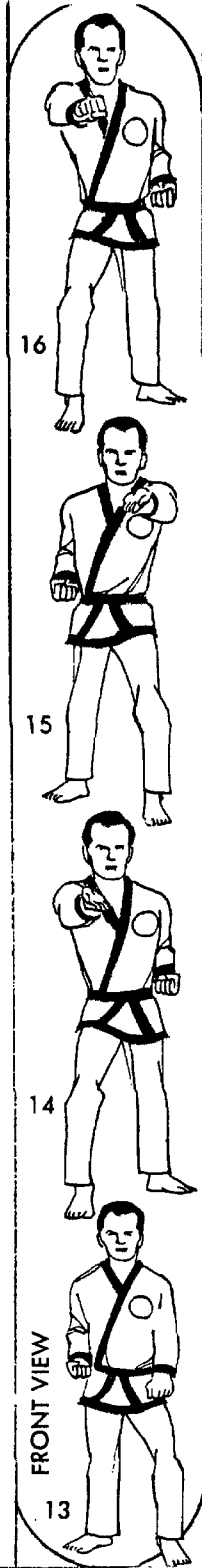
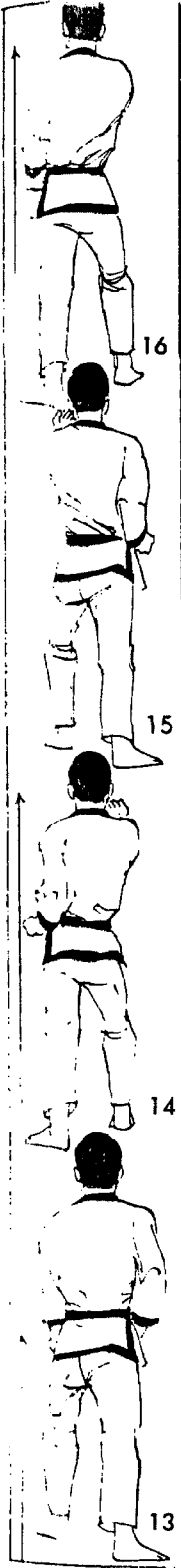
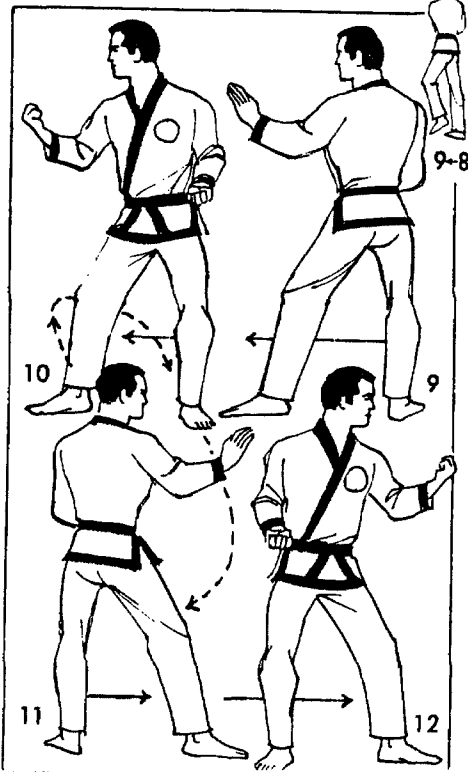
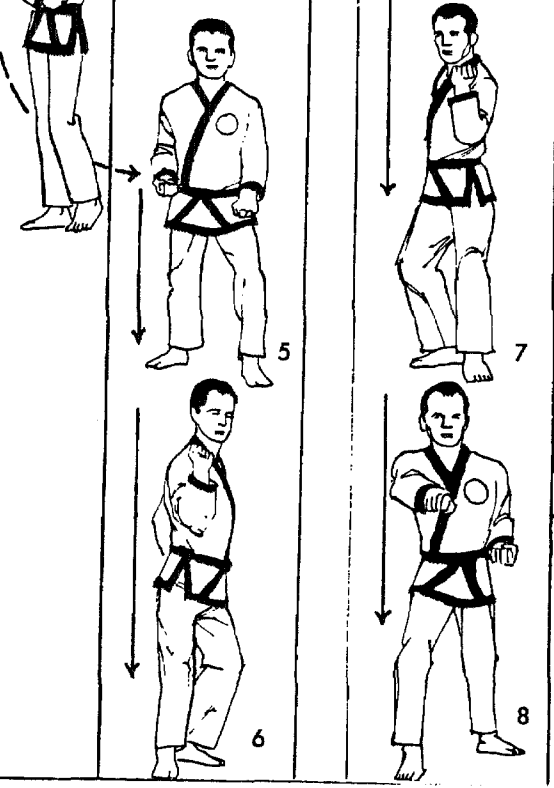
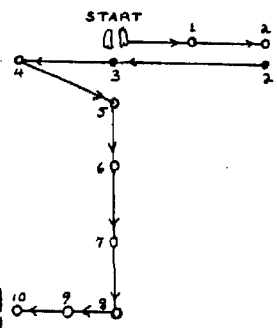
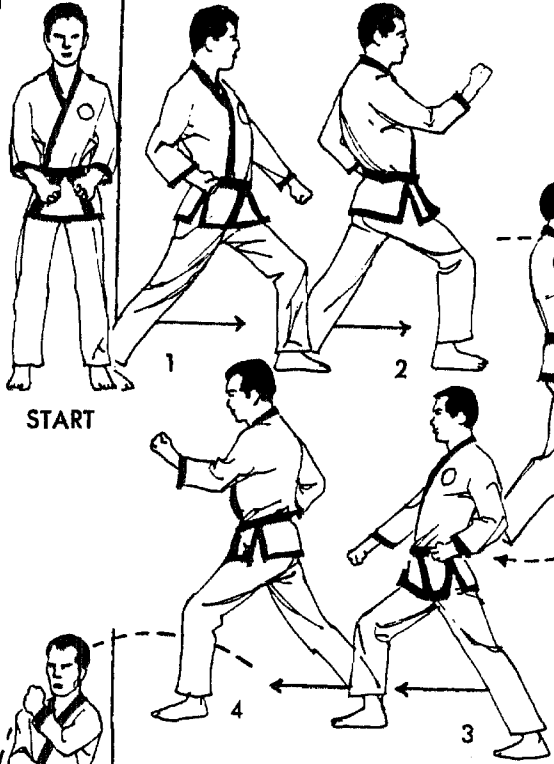


PAL-GWE 1



- 1. Low Block
- 2. Inside Middle Block
- 3. Low Block
- 4. Inside Middle Block
- 5. Low Block
- 6. Inside Middle Block
- 7. Inside Middle Block
- 8. Middle Punch and Yell
- 9. Knife-Hand Middle Block
- 10. Inside Middle Block
- 11. Knife-Hand Middle Block
- 12. Inside Middle Block
- 13. Low Block
- 14. Knife-Hand Strike
- 15. Knife-Hand Strike
- 16. Middle Punch and Yell
- 17. Low Block
- 18. Inside Middle Block
- 19. Low Block
- 20. Inside Middle Block