



Bat Sae So

Small Poisonous Snake
1st Dan

S. Start - Joonbe

1. Move the left foot to the right foot, while drawing both hands to the right side (right fist in left palm), in tungeon motion move hands to groin level, then slowly up to face level, then outward slightly.
2. Step right foot back into **LFS** (left front stance), execute **left middle block** followed by **right outside to inside middle block**.
3. Step right foot forward into **RFS** (right front stance), execute **right middle block** followed by **left outside to inside middle block**.
4. Turn left 90° into **SS** (saddlelock stance) while executing **right side block**, then **left crescent single knifehand block** in tungeon motion.
5. Maintain stance, execute in rapid sequence: **right middle punch / middle block**, **left middle punch / middle block**, then **right / left double punch**.
6. Maintain stance, **left open backhand strike** (*shout!*), **right crescent kick** to left hand followed by **right elbow strike** to left hand in **SS**. (Body facing 180° from previous position).
7. In modified **LFS**, execute two **mountain/low blocks** in rapid succession: first, left hand high and right hand low; second, right hand high and left hand low. Eye focus is in direction of low blocks.
8. Maintain stance, execute **right low spear hand strike**, then pull left foot back into **natural stance** while executing **left hand low block**.
9. Pivot 180° on left foot into **X stance**, knees bent, and execute **low closed fist x block**.
10. Step right foot into **SS**, execute **twin mountain blocks**.
11. Pivot 270° on the right foot, with feet together execute **high x-block** (fists), then with tungeon motion execute **double low blocks**.
12. Maintain stance, turn wrists outward, twist at waist 180° into **X stance**, step right foot into **RBS** (right back stance), execute **right double knifehand middle block**.
13. While stepping left foot back into **LBS** (left back stance), cross left hand over right, execute **left double knifehand middle block**.
14. Step right foot back into **LFS**, execute **right middle block**.
15. **Right side kick** followed by **right horizontal knifehand strike** to neck in **LBS**.

16. Skip backward into **right cat stance** while executing **twin elbow strikes**, then turn 180° to the left into **LFS** and execute **twin punch** (right high / left low).
17. Pivot 270° on right foot into **SS**, execute **double knife / ridge hand strike**.
18. Step left foot into **RFS**, execute **left down block** then **left middle block**.
19. **Left front kick**, step forward into **LFS**, while executing **right middle punch**. Immediately pull right hand back to side and execute **twin punch** (right high / left low).
20. Pivot 270° on left foot into **SS**, execute **double knife / ridge hand strike**.
21. Step left foot back into **RFS**, execute **left down block** and **right middle punch**.
22. **Left front kick**, land left foot into **LFS**, execute **right middle punch** followed by **right middle block**.
23. Turn 180° to the right into **RBS**, execute **right double knifehand middle block**.
24. Turn 90° to the right into **RBS**, execute **right double knifehand middle block**.
25. Step with left foot and slide into a deep **LBS**, execute **left double knifehand middle block** (*shout!*).
26. Pull left foot back to right, repeat step number one to finish.