

The following terms represent a composition of basic Korean expressions in the pronounced form only. Associate the English meaning of commands, salutations, and specific techniques with the precise Korean expressions. Taekwondo, by definition, is a Korean Martial Art with a rich tradition and background the student must become familiar with the universal language of this art.

INTRODUCTORY TERMS (Yellow, Orange, Green)

Tae Kwon Do	The way of hands & feet	<u>Korean Counting I</u>	<u>Kicking Terms</u>
Cha Ryut	Attention	Hana One	Ap Cha Dlii Gi Limbering Front Kick
Kyung Yet:	Bow or Salute	Dool Two	Yup Cha Oli Gi Limbering Side Kick
Joon Bee	Ready	Set Three	Dol Yo Cha Olli Gi Limbering Round House
Shi jhak	Begin or start	Net Four	Ban Dol Cha Gi Crescent kick
Ba Ro	Return to order	Dasut Five	
Shee Yeu	Rest or relax	Yusut Six	
Sa Bum Nim	Instructor	Ilkop Seven	Ki Hap Yell or Shout
Dan	Degree	A-Hop Nine	
Kup	Class	Yeol Ten	
Kwan Jang Nim	Owner of the Martial Art School		
Gam Sa Hap Ni Da	Thank You Very Much		

INTERMEDIATE TERMS (Blue, Purple)

Do Jang	Martial Arts Training School	<u>Korean Counting II</u>
Do Dok	Martial Arts training uniform	Il 1 st
Ko Mahn	That is enough	E 2 nd
Dwe Ro To Ra	Turn around	Sam 3 rd
Poom Sae	Form	Sa 4 th
You Dan Ja	Black Belt Holder	O 5 th
You Kup Ja	Below Black Belt - Class Holder	Yuk 6 th
Mook Nyum	Meditation	Chil 7 th

Kicking Terms

Ap Cha Gi	Front Kick	Pal 8 th
Yup Cha Gi	Side Kick	Ku 9 th
Dol Yu Cha Gi	Round House Kick	Ship 10 th
Dwe Dol Yu Yup Cha Gi	Turning Back Side Kick	
Soo Do	Knife Hand	
Jung Kwon	Fore Fist	
Yi Kwon	Back Fist	
Il Bo Dae Ryun	One-Step Sparring	
Ja Yu Dae Ryun	Free Sparring	

ADVANCED TERMS (Brown, Red, Red-Black)

Gook Gue	National Flag	<u>Korean Counting - Method III</u>
Jae Ja	Student	Su Mool Twenty
Dee	Belt	Shu Run Thirty
Shi Shun	Focus of Eyes	Ma Hoon Forty
Shim Sa	Test or Examination	She Un Fifty
Ku Ryung	By number	Ye Soon Sixty
Soo Ryung	Training	Yi Roon Seventy
Ddwi Myu	Jump or Fly	Yu Doon Eighty
Yuk Soo Do	Ridge hand	A Hoon Ninety
Ha Don Mok Gi	Down Block	Baik 100
Joong Don Mok Gi	Middle Block	Chun 1,000
Shang Don Mok Gi	Back Stance	Mhan 10,000
Fu Gool So Gi	Upper Block	Sip Mhan 100,000
Jun GooL So Gi	Front stance	Baik Mhan 1 Million
Ki Ma So Gi	Horse Back Stance	Chun Mhan 10 Million
		Ouk 100 Million
		Jo One Trillion
		Kyung 10 Million Billion
<u>Kicking Terms</u>		
Dwit Cha Gi	Back Thrust Kick	
Jik A Cha Gi	Hammer or Stamping Kick	
Hwe Chook Cha Gi	Turning Wheel Kick	
Bit Cha Gi	Slant Kick	